



SMALL GROUP POWER SKATING

NEWBRIDGE ARENA: STARTS SEPTEMBER - ENDS MAY

SIGN UP PROCESS

EMAIL PLAYERS NAME WITH DOB CURRENT TEAM / TIER AND DAY YOU WOULD LIKE. I WILL EMAIL BACK SLOTS AVAILABLE!

WEDNESDAYS

4:00PM - 4:30PM **MITE TRAVEL**

4:30PM - 5:00PM **BANTAM / MIDGET**

5:00PM - 5:30PM **PW MAJOR**

5:30PM - 6:00PM **PW MINOR**

FRIDAYS

4:00PM - 4:30PM **SQUIRT**

4:30PM - 5:00PM **MITE TRAVEL**

5:00PM - 5:30PM **PW MAJOR**

5:30PM - 6:00PM **BANTAM / MIDGET**

MAX GROUP SIZE

BUILD OR JOIN A GROUP



WITH COACH HANK

*****ELITE SKATING INSTRUCTOR*****



SYSTEM INCLUDES:

* POSTURE & ALIGNMENT * PROPER SKATING MECHANICS * EDGES * MUSCLE / BODY TARGETING *
* BALANCE * EXPLOSIVENESS * GLIDE EFFICIENCY * EVASIVE MANEUVERS * STICK POSITION * CONTACT
* AGILITY * WEIGHT DISTRIBUTION OF STEEL * MOMENTUM * APPLIED TO HOCKEY CONCEPTS * & MORE

PRICING / SAVINGS:

LISTED PRICE 30 MIN POWER SKATE = \$45 INSTRUCTION + \$5 RINK ADMISSION

BUILD A GROUP OF 3+ PRIOR TO THE CLASS & JOIN TOGETHER YOUR SIGN UPS SAVE \$5 EACH

****ALSO INCLUDED AT NO ADDITIONAL COST HOUR & A HALF OF ADDITIONAL OPEN SKATE****

HankLevin@HankLevinHockey.com

516-713-8939